

## Equipment and Suggestions

### Food...

Because of varied individual preference, we recommend that you make your own food list.

- 1—Make menu for each day of trip—this can include fresh meat for first few days. Most fruits and vegetables will keep ten days or more. Many people crave sweets more when in the mountains.
- 2—Prepare exact shopping list of quantities indicated by your menu. Don't forget to provide for your packer for the time he is with you.
- 3—Bring canned and bottled goods separated from soft packaged items and perishables. Leave eggs in grocer's cartons.

### Kitchen Supplies...

Kitchen supplies will depend on menu you prepare. For example, a pressure cooker is time-saving for such items as potatoes, since water boils at lower temperature in high altitude. Likewise, a reflector oven is indicated if you plan to bake biscuits or cake. Many of your kitchen supplies can be packed in one or two five gallon tins which will serve as water bucket and dishpan. If tins are tightly packed we need not disturb contents. Also, nesting kits are available combining pots, pans, plates and cups in one unit.

- |   |  |
|---|--|
| <input type="checkbox"/> Aluminum grill or frying pan | <input type="checkbox"/> Soup spoons         |
| <input type="checkbox"/> Reflector oven—optional      | <input type="checkbox"/> Oil cloth           |
| <input type="checkbox"/> Pressure cooker—optional     | <input type="checkbox"/> Matches             |
| <input type="checkbox"/> Coffee pot                   | <input type="checkbox"/> Can & bottle opener |
| <input type="checkbox"/> Cooking pans                 | <input type="checkbox"/> Sharpening stone    |
| <input type="checkbox"/> Plates                       | <input type="checkbox"/> Salt & pepper set   |
| <input type="checkbox"/> Coffee mugs—not metal        | <input type="checkbox"/> Dish mop            |
| <input type="checkbox"/> Butcher knife                | <input type="checkbox"/> Dish towels         |
| <input type="checkbox"/> Paring knife                 | <input type="checkbox"/> Soap                |
| <input type="checkbox"/> Pancake turner               | <input type="checkbox"/> Scouring pads       |
| <input type="checkbox"/> Long handled fork            | <input type="checkbox"/> Pot holders         |
| <input type="checkbox"/> Serving spoons               | <input type="checkbox"/> Aluminum foil       |
| <input type="checkbox"/> Knives                       | <input type="checkbox"/> Sandwich bags       |
| <input type="checkbox"/> Forks                        | <input type="checkbox"/> Paper towels        |
| <input type="checkbox"/> Spoons                       |  |

### Miscellaneous Camp—Gear...

- |  |  |
|--|--|
| <input type="checkbox"/> Light canvas fly                  | <input type="checkbox"/> Small mirror            |
| <input type="checkbox"/> Coleman lantern (single)          | <input type="checkbox"/> Toilet tissue           |
| <input type="checkbox"/> Extra mantles                     |  |
| <input type="checkbox"/> White gas (sq. type can)          | <b>OPTIONAL:</b>                                 |
| <input type="checkbox"/> Axe (cover blade)                 | <input type="checkbox"/> Tent                    |
| <input type="checkbox"/> Shovel (short handle)             | <input type="checkbox"/> Coleman stove           |
| <input type="checkbox"/> 50 ft. ¼-in. rope                 | <input type="checkbox"/> Light collapsible table |
| <input type="checkbox"/> Clothes pins                      | <input type="checkbox"/> Small folding chairs    |
| <input type="checkbox"/> Flashlite, extra bat., bulb.      | <input type="checkbox"/> Whisk broom             |
| <input type="checkbox"/> First Aid kit<br>(Boy Scout size) | <input type="checkbox"/> Wash basin              |
| <input type="checkbox"/> Sunburn lotion                    | <input type="checkbox"/> Playing cards           |
| <input type="checkbox"/> Insect repellent                  | <input type="checkbox"/> Books                   |

### Personal Check List...

- |   |   |
|---|---|
| <input type="checkbox"/> Sleeping bag or bedroll        | <input type="checkbox"/> Pants—extra pair           |
| <input type="checkbox"/> Light wool blanket             | <input type="checkbox"/> Bath towel                 |
| <input type="checkbox"/> Ground cloth                   | <input type="checkbox"/> Wash cloth                 |
| <input type="checkbox"/> Air mattress                   | <input type="checkbox"/> Shaving kit                |
| <input type="checkbox"/> Heavy jacket                   | <input type="checkbox"/> Toothbrush                 |
| <input type="checkbox"/> Light jacket                   | <input type="checkbox"/> Sewing kit and safety pins |
| <input type="checkbox"/> Light raincoat or slicker      | <input type="checkbox"/> Camera and film            |
| <input type="checkbox"/> One pair heavy shoes or boots  | <input type="checkbox"/> Pocket knife               |
| <input type="checkbox"/> One pair shoes for camp        | <input type="checkbox"/> Collapsible cup            |
| <input type="checkbox"/> Shirts—two or three            | <input type="checkbox"/> Sun glasses                |
| <input type="checkbox"/> Socks—several pairs            | <input type="checkbox"/> Chapstick                  |
| <input type="checkbox"/> Underwear—two or three changes | <input type="checkbox"/> Cap or hat                 |
|   | <input type="checkbox"/> Gloves                     |

### Fishing Equipment...

The experienced trout fisherman will find it best to use familiar and proven equipment. Basically, there are three methods for taking trout; one: casting rods and reels for use with bait and lures; two: fly rods and reels, principally for flycasting. In addition, the spinning outfit can now be classed as a method for its own. With practice the spinning rod can be used with lures, bait and flies. Each method requires its own type of rod, reel and line with adaptable tackle. Reliable sporting goods dealers can advise you in detail.

Remember that in the unspoiled waters of the wilderness area, you will find it many times easier to take trout, regardless of the type of equipment used, than in the overcrowded fisheries accessible to motor transport. However, as in other sports, the quality and correctness of your equipment will add immeasurably to your pleasure and success.

#### We recommend:

- 1—That the rod be sectional and collapsible and that it be carried in a metal tubular case. Some cases will accommodate more than one rod.
- 2—That the creel be canvas or some collapsible material. Wicker creels are fragile and space-wasters on a mule.
- 3—That all tackle be carried in the creel.

#### Check List:

- |   |
|---|
| <input type="checkbox"/> Rod—reel—line  |
| <input type="checkbox"/> Metal case   |
| <input type="checkbox"/> Collapsible net  |
| <input type="checkbox"/> Leader material—1½ lb. to 4 lb.  |
| <input type="checkbox"/> Flies: Black Gnat, Mosquito, Grey Hackle, Brown Hackle & Royal Coachman (No. 10 hooks) |
| <input type="checkbox"/> Bait: Red Eggs, White Eggs, Worms  |
| <input type="checkbox"/> Lures: personal choice   |
| <input type="checkbox"/> Egg hooks, worm hooks (No. 8 to No. 12)  |
| <input type="checkbox"/> Pliers   |