



Volcanic Cones Near Coso—The Southern Sierras in the Distance



One of Our Adobe Houses Constructed of Pink Lava Clay

### Coso Mineral Water and Mud Baths Different from Other Hot Springs

The Mineral Waters, Colored Lava Mud Vents and Natural Medicinal Steam at Coso Hot Springs are not flowing running streams of water or mud, but are miniature craters which are boiling today as they have been for centuries. Steam laden with minerals and healing gasses from the very bowels of the Earth, under heavy pressure, condenses at the surface, thus forming the Colored Mineral Springs and Lava Mud Vents. These Waters and Muds are Blood Red, Blue, Gray and perfectly White in appearance. The constant boiling and temperature of 208 degrees produces rapid evaporation that is just about sufficient to prevent an overflow. As a result of having boiled for ages in Nature's "Mineral Soup" these waters and muds contain Carbon Dioxide, Hydrogen Sulphide, Sulphur Dioxide, Hydrochloric Acid, Nitrogen, Oxygen and other gasses. The waters and muds are also impregnated with Iron, Sulphur, Magnesium, Potassium, Lithium, Calcium, Alum and other minerals of recognized curative value.

### Opens the Pores and Relieves Inflammation

Few people have ever seen real boiling Mineral Lava Mud Springs. Do not confuse the cold cream like, Red, Blue, Gray and White Muds of Coso Hot Springs with the ordinary mud that you may have bathed in or seen at other Hot Springs. Many of the so-called "Mineral Mud Baths" are nothing more or less than dark or black moor earth, which is a mixture of loam, decomposed leaves, reeds and other vegetable matter, dug from the ground and combined with Sulphur or other Mineral Water for Mud Baths.

Our Boiling Lava Muds are absolutely free from both animal and vegetable life and being compounded in Nature's Volcanic Laboratory cannot be artificially duplicated. Coso Volcanic Lava is an antiseptic, healing, drawing medicinal plaster, which when applied to the skin, causes copious sweating and purging of the pores, removes inflammation by arousing the circulation and makes the skin glow, and breathe with renewed life.

### Ancients Both Savage and Civilized Recognized the Curative Value of Volcanic Mud

For thousands of years mud has been used for the treatment of all ills, from leprosy to the most simple ache or pain. The American Indians, the largest bred primitive men, recognized the curative value of Volcanic Mud and journeyed hundreds of miles through the desert and across the mountains to the "Coso Cure." The word Coso was given the Springs by the Indians and is a Piate word meaning, fire. During the glorious days of the Roman Empire, Cicero, Julius Caesar and other Romans resorted to the use of Volcanic Mud Baths to keep them physically fit. The Roman Gladiator, the most perfect type of physical man, never considered his training complete until he had taken the full course of Volcanic Mud Baths. The luxurious Roman Mud Baths can be seen today in the Ruins of Pompeii.

### Coso Mineral Water and Mud Baths can be Successfully Used in Your Own Home

For those, who on account of business and other reasons, are not in position to visit Coso Springs, we have prepared to bottle at the Springs the Blood Red Sour and other Mineral Waters for shipment to the patient's own home. Many patients afflicted with Rheumatism, Stomach, Liver and Kidney trouble are today receiving benefits that cannot be estimated in dollars and cents. Like the Water the Volcanic Mineral Lava Mud retains its medicinal value, as only the moisture evaporates, all of the mineral salts and other medicinal value being retained. The price of the Mineral Water is \$16.00 for full case of quarts. The price of the Volcanic Mud is \$5.00 per gallon jar, one gallon being sufficient for twelve baths at home. There is sufficient mud for one month's course of baths at home. Full directions with each shipment. All prices are F. O. B. Little Lake, California.

### Our Guarantee

Use these Mineral Waters or Volcanic Lava Mud for two days in your own home and if not fully satisfied with results obtained, return the shipment immediately and we will cheerfully refund every dollar paid us. There are no strings to this trial offer, we know the merits of our Waters and Muds and are willing to leave the question of benefit absolutely with you.

### What Uncle Sam Says of Coso Hot Springs

We only recently purchased this property from the United States Government and we would be glad for you to investigate the United States Geological Report on Coso Hot Springs in Water Paper 338, "Springs of California," Pages 149-150. This report covers practically all the Springs in California. For full authentic information and for comparison this report should prove interesting. The report on Coso, however, was made several years ago before the property was sold by the Government, which at that time was a resort only for the Piate Indians and those who wished to camp.

### Rates for Board and Housekeeping Cottages

Our rates for rooms, board and baths are \$15.00 per week according to rooms. Our rates for the Bungalow Cabins or Tent Houses and campers with own tent equipment are \$10.00 per week per person. We do not furnish bedding except to regular boarders in the hotel. Cabins are unfurnished except bed, mattress and stove. Prices for board, baths, etc., subject to change without notice.